



**PARIMAL MITRA SMRITI MAHAVIDYALAYA
POST-MAL, DIST-JALPAIGURI**



No. 254/Notice/PMSM/2025

Date : 31st August, 2025

Notice

It is notified to all the students, Teachers and Non-Teaching staff of this college that a Mental Health Awareness Program will be held on **01.09.2025** at 12.00 Noon at Room No. 209 of Bibek Bhaban.

Dr. Jaya Adhikary, Associate Professor & Head, Department of Philosophy and Smt. Kabita Roy, Assistant Professor, Department of Philosophy, of this college, have given their consent to deliver lectures on that program. The flyer of the program is attached herewith.

Therefore, all the students, Teachers and Non-Teaching staff are requested to attend the program.


Principal

Parimal Mitra Smriti Mahavidyalaya
Post-Mal, Dist-Jalpaiguri

Principal
P.M.S. Mahavidyalaya
P.O.- Mal, Dist. Jalpaiguri



Mental Health Awareness Programme

On 01.09.2025 from 12 Noon



Speaker:

Dr. Jaya Adhikary
HOD & Associate Professor
Department of Philosophy
PMSM

Topic of Discussion:

The Interconnection between our Environment and Mental Health